

Winter Wellness On the Land April 1st - 15th 2021

Register for the adventure!

**Open to Neskonlith Indian Band House Holds
on their own time.**

Family House Hold Name: _____

Number of participants in house hold- _____

Phone number; _____

There will be
hiking , walking
and lots of fun
and laughter.

May need
to drive to
the locations.

Register by : March 31, 2021 (4:30pm)

Send your registration to Bernadette:

familysupport@neskonlith.net

- * **The first 30 registered will receive a back pack**
- * **Adventure list**
- * **Gift cards for gas and lunch.**
- *

Hosted by: Cweclwet Wellness Centre: 250-679-3295

We will be following the Covid-19 Rules