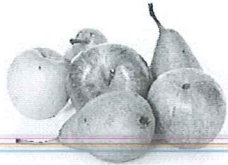


# Neskonlith Indian Band

www.neskonlith.net

Cwelcwe'lt Wellness Centre  
5973 Old Highway  
Box 318, Chase, BC V0E 1M0  
T: 250.679.3295 F: 250.679.3288

Melamen Health Center  
461 First Nations Rd.  
Salmon Arm, BC V1E 2Z6  
T: 250.833.0202 F: 250.833.0990



## Veggie and fruit bundles coming....



The Cwelcwe'lt Wellness Center has purchased:

**1 Vegetable Bundle for every household.**

**Vegetable Bundles: 5lbs Potatoes, 3lbs Onions, 3 lbs Carrots and Beets.**

Our order was matched, and each household will also receive

**1 Fruit Bundle**

**Fruit Bundles: 5 lbs Apples & 5 lbs Pears.**

**Door to door Delivery will be (Tentative)**

**Chase: November 17 & 18, 2020**

**Salmon Arm: November 18, 2020**

IF YOU DO NOT WANT A FOOD BUNDLE PLEASE PHONE THE OFFICE AND LET US KNOW. And we will be happy to pass on to someone else.

Thank you,

Carrie August: Community Health Care Coordinator

Ph: 250-679-3295 Ext. 234 Email: [communityhealth@neskonlith.net](mailto:communityhealth@neskonlith.net)

**FRESH TO YOU  
FUNDRAISER**

